

Connecting with the Community

“For even the Son of Man came
not to be served
but to **serve others**
and to give His life as a ransom for many.”

Matthew 20:28





Dear Friends and Family of Cross of Christ,

In the Gospel of Matthew Jesus explains that the Son of Man came not to be served but to serve others and to give His life as a ransom for many (Matthew 20:28).

As followers of Jesus, we are called to live beyond ourselves. Having the same attitude as Jesus, we are to serve others by putting their needs before our own. Believing that we are gifted by God and we are to use those gifts to help people in need, whether it's those living in our neighborhoods and communities, or sometimes in our own families, we look for opportunities to serve others right where God has placed us.

Our mission is helping people of all ages intersect their lives with the love of Jesus, and we are convinced that one of the most effective ways to do this is through acts of service. Since the church is not a building, but a people called by God, we have the opportunity through acts of service to put our faith into action. That's why we look for chances everyday to love God and love others, because when we do, lives are changed.

I mean, can you imagine neighbors all across our city talking about how wonderful it is to have Christians in the community who not only say they care, but actually demonstrate it in tangible ways? Can you imagine a movement of God that causes people to no longer be skeptical of Christians, but instead want to know more about Jesus and His love?

That's what connecting with the community is all about. It's about being the church in our homes and neighborhoods and places of work, as a means of building intersections into God's grace, mercy, and love.

Please use this resource book as a place to start seeing where God might be leading you to come alongside of others. Ask God to help you see the opportunities He provides to share the love of Jesus with others. And remember: It's not about you. It's about loving God and the people He is placing in your life.

Intersecting life & the love of Jesus!

Pastor Dustin Lappe

Children's Hospital of Colorado
13123 E 16th Ave
Aurora, CO 80045
720-777-1234

The Association of Volunteers

The volunteers at Children's Hospital Colorado are all part of a group called Children's Hospital Colorado Association of Volunteers (AoV). The AoV coordinates placements for volunteers and ensures that complete orientation and training is provided to all volunteers. The volunteer's skills and interests are all so appreciated and they try to place everyone in a role that suits them and the hospital's needs. The examples below are just some of the ways that volunteers contribute:

Volunteers spend time with the patients by holding, comforting, playing with them and making them laugh.

Volunteers bring specially-screened dogs to provide animal-assisted therapy for the Prescription Pet Program.

Specially trained volunteers serve as ambassadors with the Welcome Program. Volunteers greet newly admitted patient families upon their arrival and introduce them to the hospital's many amenities. The goal is to provide a warm and welcoming environment and to answer any non-medical questions.

The Wine Event is the Association of Volunteers' signature event. The special evening features a silent and live auction of fine wines and experiences with all proceeds benefiting the Maternal Fetal Medicine Program.

Many groups of volunteers do not spend time directly with our patients, but perform more administrative duties, which can be just as important to the day-to-day operations of Children's Hospital Colorado.

Teenagers between 13 and 18 years of age participate in the Junior Volunteer Program. They support the Hospital by working in a number of departments as well as supporting fundraising activities.

Volunteers also assist in fundraising by staffing Children's Hospital Colorado Gift Shop and La Cache.

Chapter Volunteers in the community are very active in fundraising events throughout the year that help to fund special equipment, facilities and programs for the patients of Children's Hospital Colorado.

To participate in this program, they ask that you do the following:

Print the Volunteer Application or the Junior Volunteer Application from their website www.childrenscolorado.org/give/volunteer/apply.aspx and follow the instructions on the page.

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The Denver Hospice
501 S. Cherry St. Suite 700
Denver, CO 80246
303-321-2828
info@denverhospice.org

The Denver Hospice mission is to encircle those facing advanced illness with unprecedented levels of comfort, compassion and expertise.

There are a number of ways to volunteer such as:

Patient Care Volunteer – Providing support to families is an incredibly rewarding experience. There are many ways you can offer assistance – to a family in their home, at a long-term care facility, or in The Denver Hospice Inpatient Care Center. Think about the different ways your unique skills and interests would be best utilized...visiting patients. Providing companionship and support. Relieving caregivers. Telephone support for patients and families, or simply being there to listen.

Grief Center Volunteer – When a family member is experiencing grief, a phone call or visit can make all the difference in the world. Bereavement volunteers are trained to give practical and emotional support to family members in need.

Office and Special Projects Volunteer – Maybe you're a behind the scenes kind of person. Then a clerical or office support position might be just what you're looking for. They also need people to help organize their special events and fundraisers held throughout the year – and volunteer at booths and exhibits. Or help educate people in the community about The Denver Hospice and all of the important things that they do.

Volunteer roles are continually evolving; please call them if you have a special skill or talent you would like to share.

Locations for volunteering:

Main Offices at 501 South Cherry Street, 7th floor, Denver CO, 80246

The Denver Hospice Inpatient Care Center at 8299 E. Lowry Blvd., Denver CO 80230

Over 150 Nursing Homes & Skilled Nursing Facilities through out the Denver-metro area, depending upon patient needs

Hundreds of patients' homes through out the Denver-metro area

Intersecting life & the love of Jesus!

Denver Rescue Mission
3501 E 46th Ave
Denver, CO 80216
303-297-1815
Email: info@denrescue.org

The **Denver Rescue Mission** is changing lives in the name of Christ by meeting people at their physical and spiritual points of need, with the goal of returning them to society as productive, self-sufficient citizens.

Ways you can help as an individual or as a group:

Short-term opportunities – Serve meals, one-time projects or special events. Please call 303-953-3955 or use their online scheduling system to view and schedule your volunteer work.

Long-term opportunities – Mentor or tutor youth or adults, help with general administrative office work or help with warehouse assistance. To fill out an application call 303-953-3955 or go to their website at www.denverrescuemission.org/volunteer

Collect needed items - Organize a drive for canned goods/non-perishables; hygiene items; diapers; coats; towels; new underwear and socks for men, women and children; and clothing for men.

Medical and Dental Professionals - Put your medical or dental skills to work in the community and volunteer in the Lawrence Street Shelter's clinic. This 1,150 square-foot center inside their shelter provides free services to program participants and homeless people who might otherwise not receive care. Services are provided, as volunteers are available. For more information, please call Melanie at 303.294.0157 or e-mail her at MAronhalt@denrescue.org.

Childcare Volunteers - Become a childcare volunteer at Champa House and lend a hand to single mothers working toward self-sufficiency. Volunteers are needed Monday-Friday from 9 a.m. to noon. For more information, please call Elise Overcash at 303.294.9961 or e-mail her at EOvercash@denrescue.org.

Become a Prayer Warrior - The Denver Rescue Mission continually strives to lift up their organization and those people tied to it in prayer. They are looking for partners, individuals and groups, in this endeavor. They will send you a list of prayer concerns on a monthly basis, either electronically or via postal mail. All they ask is that you pray for them as you feel led. To sign up, go to their website and fill out the contact form at www.denverrescuemission.org/prayer-warrior.

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Dumb Friends League
2080 South Quebec St
Denver, CO 80231
303-751-5772
www.ddfl.org

In an average year, the Dumb Friends League receives as many as 25,000 lost, unwanted and abused pets. They help tens of thousands of people and animals throughout Denver metro area and beyond with the help of volunteers.

At the Dumb Friends League volunteers can offer a variety of services such as a Humane Education Instructor, Junior Volunteer Club Mentor, Adoption Counselor, Clerical Assistant, Grooming, Animal Care Technician Assistant (Cats, Dogs, Small Animals), Copy Writer, Health Care Aide and Surgery Kennel Technician.

Volunteers must be at least 16 years of age (some positions require individuals to be at least 18 years of age), and volunteers must be able to make a six-month commitment of approximately three hours per week.

To get started an application must be completed and if you availability and interests coincide with available volunteer positions, they will contact you for a volunteer orientation. Applications are available at www.ddfl.org under Volunteer and Application. From there you will attend orientation, have an interview and attend a training class.

There is also a Junior Volunteers Club for young people ages 12-15 that are dependable, responsible, have good communication skills, are willing to take on a variety of tasks and have an enthusiasm for working with people and animals. More details can be found on their website.

One more opportunity to volunteer through Denver Dumb Friends League is to foster a pet. The length of foster care varies depending on the animal's needs. It may last from two weeks to several months. DDFL furnishes all the supplies needed including medical care. The foster parents only incur their own expenses traveling to the shelters for medical care and foster care appointments. Requirements are to submit an application which can be found on their website under Volunteer, Foster/Application. You will then be called for an interview and will need to pass a home inspection, completed by their investigations department.

Intersecting life & the love of Jesus!

Family Life Services
1880 South Cascade Ave.
Colorado Springs, CO 80905
719-632-4661

Family Life Services is a residential community for single moms and their children designed to help families build a foundation for a new start in life. By setting goals and providing helpful resources to meet them, their two-year program offers the stability needed to achieve both financial and emotional healing.

Residents and their children are afforded low-fee, onsite living quarters, licensed counseling, spiritual mentoring and the ongoing support of staff, volunteers and other single moms. With the valuable contributions of their volunteers and donors, *Family Life Services* has been blessed with a rich heritage of ministering to the needs of families in Colorado Springs since 1942!

Play your very own part in encouraging the residents at Family Life Services to look ahead with hope. Regardless of your skills or experience, they can find a place so you can help families get back on their feet. The generous spirit of our supporters has provided valuable help to families in Colorado Springs for decades. Let them know how you, your family, friends, church or community group, would like to help. They welcome your efforts and thank you in advance for considering Family Life Services for your next service project! The following list includes just some of the rewarding ways you can bless them with your time and talents:

Administration/Office work
Bible study mentoring
Children's mentoring
Fundraising
Homemaking/Housekeeping mentoring
Information Technology
Landscaping/Grounds keeping
Maintenance/Facilities
Publicity/Community relations
Special Events

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Food Bank of the Rockies

10700 E 45th Ave

Denver, CO 80239

303-371-9250

Olive ext. 236 or Laura ext. 211

Email: volunteer@foodbankrockies.org

www.foodbankrockies.org/volunteer

How Do Volunteers Help FBR?

Distribution: Work in the warehouse where food is prepared for distribution. Various distribution opportunities are available M-F, Tues. evenings and one Sat. per month. Please see their online calendar for specific openings.

Reclamation and Community Food Drives: FBR picks up damaged and close-dated items from local retailers.

Nutrition Network: Kids Café needs volunteers to assist with the children's and senior's programs. They sort and prepare items to be shipped to the kitchens where meals are cooked. These programs require a specific number of volunteers on various days of the week/month. Please visit their website to view the volunteer calendar for openings.

Office: Occasionally they need volunteers for data entry, filing, mailing assistance, phone calls (no selling or soliciting) and other office work.

Other Areas: FBR hosts events and often needs volunteers to help with preparation prior to the event and duties on event day. Please visit website to learn about specific events and needs.

Internships: Their Community Relations & Marketing and Development departments occasionally have opportunities for unpaid internships throughout the year. If you are interested in an internship, please email your resume to: info@foodbankrockies.org, along with dates and times you would be available.

Who can volunteer at the food bank, what is required, and what can we expect?

Visit their website and fill out their online form. There are group, individual and community service forms. Please give them a few weeks to respond to your request.

Volunteers, age 16 and over, are welcome to help out. Volunteers, age 14-15, may assist when accompanied by an adult volunteer (one for every 1-5 teens).

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**Goodwill of Denver
At Risk Youth Program
6850 Federal Blvd.
Denver, CO 80221
303-650-7714**

How Much Time Does it Take to Be A Goodwill Denver Volunteer?

Your time commitment can be as little as one hour a week or once a semester. Curious about the youth mentoring programs? Denver area residents can give vital support to area high school youth in their free time. Please call 303-650-7714 or email volunteer@goodwilldenver.org for more information and to let them know how YOU want to share YOUR good with the Denver community!

What Kind of Things Can I Do as a Goodwill Volunteer?

No matter your passion, they have something you'll be great at – here's a list of the varying youth volunteer opportunities they have throughout the city:

Career Panel

Share your story of success in the classroom and motivate teens about the exciting possibilities within your career in youth mentoring programs. Denver Goodwill sponsors these programs in 26 area high schools.

College Panel

College panels give current college students the opportunity to share their collegiate experience with high school students in order to motivate teens about the exciting possibilities that exist for those pursuing a college education.

Mock Interviews

Help students gain the confidence they need along with valuable interviewing skills that will prepare them for both post-secondary interviews (colleges/scholarships) and actual job interviews.

Guest Speaking

Share your education, work and life experiences in a high school classroom and help youth understand how to navigate and take advantage of the many possibilities life offers. Get them excited about their future!

Resume Workshops

Volunteers work with students one-on-one in a classroom setting to provide resume feedback and tips for improvement.

Youth Mentor

Denver Goodwill coordinates the opportunity for you to work with a teen one-on-one each and help them realize their potential and how to leverage their strengths in the real world. Build job skills, set education and career goals, explore future opportunities and prepare them for life after high school.

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**Night Owls
Fisher Early Learning Center
University of Denver Campus**

Night Owls serves families with children with special needs in the greater Denver area, providing respite for the parents and caregivers and fun and care for their children ages 12 and under.

On specific Friday evenings, Night Owl volunteers create a fun, engaging environment at the Fisher Early Learning Center (on the University of Denver campus) where children with special needs under the age of 12 and their siblings under the age of 12 can come to play for the evening while their hardworking parents and caregivers get a night out. Night Owls is held from 6 p.m. to 10 p.m. one Friday night per month. Each child gets his or her own adult friend for the evening with whom they participate in pre-planned activities as the child chooses. Volunteer training is provided so volunteers do not need experience working with children in order to volunteer. They must simply have a desire to help make life a little better for these families. Nurses are onsite each evening to administer medical care and ensure the comfort of all participants.

For questions or more information, please call 303-871-2095 or email: NightOwls@du.edu

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Random Acts of Kindness

God understood that kindness is one of the traits that can get the attention of the human race. Random acts of kindness are meant to be simple things that anyone can do. But even though they appear small, these acts of love have the power to affect people in profound ways.

Here are a few ideas:

Mow your neighbor's lawn.

Rake your neighbor's leaves.

Shovel your neighbor's driveway.

Hand out water on hot days and hot chocolate on cold days at local store.

Pick up trash at a neighborhood park.

Collect art people have in their homes and aren't using, and then take it to hang in a nursing home.

Give away free coffee at a bus stop.

Collect trees after Christmas for disposal.

Help return carts from the parking lot at a local store.

Provide a free car wash where donations aren't accepted, instead people are encouraged to go "wash someone else's car."

Offer to clean windows of cars filling up at a gas station in the community.

Offer to clean the bathroom at the coffee house or store you frequently visit.

Collect food from your neighborhood to deliver to a food bank.

Help deliver food to shut-ins.

Remember, these are just a few ideas. Your options are actually limitless. So don't be afraid to use your imagination. And have fun!

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**Ronald McDonald House
932 Potomac Circle
Aurora, CO 80011**

Be a friend to Ronald McDonald House Charities of Denver!

There are many ways you can be a friend to the Ronald McDonald House Charities of Denver. The fastest way to get started is to fill out the application on their website www.ronaldhouse.org/volunteer.html and send it in for approval.

Here are the ways you can be a friend:

Volunteer House Managers are asked to spend at least one shift per month at the house as a House Manager. This position requires answering phones, checking families in and out, light cleaning, giving tours of the House, and other general administrative duties. There are 2-4 hour shifts daily from 8am-9pm, even on weekends.

Sky Hope Camp volunteer counselors are for young people interested in becoming counselors for their annual week-long Sky High Hope Camp west of Fort Collins, Colorado, that offers a fun-filled get-away for children with cancer who have survived cancer with their siblings, can learn more and obtain online application on their website.

Wish List Drive is collecting items from their wish list! Many of the items are regular household items but they are extremely important for them to provide to their families. Check the donation link online for an updated list for the items they need.

Provide A Meal is a great way to help the families at the House by providing a home cooked meal when they don't have the time or energy to do it themselves. You will never forget the appreciation on the faces of the families as they sit down to share a meal together. Breakfast, Lunch or Dinner providers are needed. Groups of 2-10 are recommended for this opportunity.

House Cleaning is a BIG need in the House. The Houses are big and need lots of attention to keep them clean. They can use groups with up to 10 people for this, or individuals can help too! This opportunity provides flexible scheduling, which can be helpful for you too.

BINGO Parties are a big hit at the House. The families love to play BINGO and they have prizes. They just need you to come call the numbers and run the game. A group of 2-4 works best for this.

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The Senior Hub
12101 E 2nd Ave Suite 106
Aurora, CO 80011
720-859-2248
www.seniorhub.org

The Senior Hub, Inc began operating as a non-profit 501 (c)(3) resource center for seniors in 1986. Their mission is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain their independence.

There are many ways you can help! From just an hour or two a week to several hours a week; from a one-time volunteer job to an on-going commitment, there is a perfect fit for you.

Meals on Wheels:

Route Delivery Driver – Choose the number of days you deliver meals to clients. Meals are delivered M-F around noon, picking up from The Senior Hub around 11:30 a.m. Contact Lindsey Wendt at 303-426-4408 ext. 209 or email lwendt@seniorhub.org.

Respite Program Volunteer In-Home Caregivers:

Respite Assistance – Companion to care-receiver while the caregiver is provided respite (relief); 2-4 hours weekly or as needed.

Business Help – Sort mail, correspondence, billing payments, Medicare forms, supplemental insurance forms, paperwork; weekly/monthly.

Chore Service – Small home repairs, assignment usually completed in 1-2 visits. Neighbor pays for needed parts, etc.

Friendly visiting – 1-2 hour visits; weekly or every other week.

Light Housekeeping Dusting, vacuuming, organizing, laundry; weekly or every other week.

Meal Preparation – Light meals in caregiver's absence or in between Meals on Wheels service; as needed. Neighbor pays for groceries.

Pet Care – Walking, brushing, bathing, playing, cleaning pet areas, litter box, and/or emergency pet food distribution; as needed.

Shopping – Grocery, drugstore, etc; weekly/every other week.

Telephone Reassurance – 10-15 minute telephone conversations; weekly schedule.

Yard Work/Snow Shoveling – Rake leaves, weed gardens, mow lawn, shovel snow; as needed.

Support Group Volunteer – Stay with care-receiver to enable caregiver to attend monthly caregiver support group; one afternoon or evening per month.

Please contact Linda Rinelli for all Respite Program Volunteer Care Giving opportunities at 720-859-2248 or send email to lrinelli@seniorhub.org. Volunteer caregivers may be individuals or groups. The Volunteer Caregivers Program provides training and continuous support to volunteers. Volunteer caregivers on average provide 2-3 hours of service either weekly or bi-monthly. Special group projects are available throughout the year.

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cross of
CHRIST
church

The logo consists of the words 'cross of', 'CHRIST', and 'church' stacked vertically. 'cross of' is in a lowercase, sans-serif font. 'CHRIST' is in a larger, uppercase, sans-serif font. 'church' is in a lowercase, sans-serif font. A stylized cross symbol is positioned to the right of the word 'CHRIST', with its vertical bar overlapping the right side of the letters 'I' and 'S'.

5784 S. Yakima Way
Aurora, CO 80015
www.crossofchristlc.com
303-335-8996